

SCI Prognosis Demonstrations
More Than Walking

Activities in **Green** are a priority for corresponding SCI levels,
but all topics should be covered for all levels.

Topics ↓ Levels →	C1-3	C4	C5	C6	C7-8	T1-9	T10-L1	L2-S5
Respiratory	breathing indoors vs. outdoors							
Bowel				bowel routine				
Bladder				cathing with tenodesis grip				
Bed mobility				rolling and slide-shifting				
Transfers				using slideboard and pop-overs		floor to chair		
Pressure relief		in all environments		in all environments				
Eating			eating					
Dressing					in wheelchair and on bed			
Grooming				basic and make-up				
Bathing						transfers and routine		
Chair Skills		in power wheelchair			in manual, wheelies, curbs	advanced, stairs		
Stand / Walk							standing with KAFO	walking
Communication		using assistive devices						
Transport			driving		driving, loading wheelchair	high vehicle loading wheelchair		
Homemaking			cleaning or cooking				cleaning or cooking	cleaning or cooking
Instructing	personal attendants							